

Dr Susan Jebb features on BBC4 'Diet: A Horizon Guide'

On Thursday 7th January 2010, Dr Susan Jebb, Head of Nutrition and Health Research featured on the BBC4 programme 'Diet: A Horizon Guide.'

In the programme, Dr Susan Jebb took a look through nearly 50 years of amazing BBC archive of mankind's relationship with what we eat, charting the shift from the malnutrition of the past to today's obesity epidemic.

On her journey through the decades, Dr Jebb also explored how scientists have played a crucial role both in transforming the way our food is produced, and in attempting to understand the biological mechanisms that determine why it is that some of us have become so large.

The programme received a great response from the BBC and from professional scientists within the field of diet and nutrition. Viewing figures reached 344,000 overnight and double that number in I-Player viewings after the first week.

For further information on the programme and to view before 7th February 2010, please [click here](#).