

HNR helping to celebrate the University's 800th birthday

On Saturday 18th July HNR will be attending the Summer Garden Party in celebration of the 800th anniversary of the University. The Garden Party will be held in the University Botanic Garden and is believed to be the largest gathering of University and College staff and their families ever seen in Cambridge.

HNR will be there as 'The Diet Detectives' - looking into your nutrition, exercise and bone health. Staff from HNR will be on hand to dispel the myths and help guests from the University to understand more about how the food that we eat impacts on our future health and how the state of our bones changes through the lifecycle.

There will also be a number of programmed events hosted by celebrity alumni, as well as light classical and jazz music. Amongst the featured celebrities will be Alexander Armstrong and Ben Miller appearing in the 800th Anniversary Quiz competition.

An event not to be missed!